

Soccer Substitution Rotation Planner

Plan fair playing time, position changes, bench order, and quarter-by-quarter rotations



ROTATION PLAN

Match Setup playing time plan

Team	Opponent	Date	Format
Period length	Formation	Minimum minutes	Coach

Rotation Board starters, subs, and positions

Player	Start	P1	P2	P3	P4	Pos.	Total
_____	<input type="checkbox"/>	_____	_____	_____	_____	_____	_____
_____	<input type="checkbox"/>	_____	_____	_____	_____	_____	_____
_____	<input type="checkbox"/>	_____	_____	_____	_____	_____	_____
_____	<input type="checkbox"/>	_____	_____	_____	_____	_____	_____
_____	<input type="checkbox"/>	_____	_____	_____	_____	_____	_____
_____	<input type="checkbox"/>	_____	_____	_____	_____	_____	_____
_____	<input type="checkbox"/>	_____	_____	_____	_____	_____	_____
_____	<input type="checkbox"/>	_____	_____	_____	_____	_____	_____
_____	<input type="checkbox"/>	_____	_____	_____	_____	_____	_____
_____	<input type="checkbox"/>	_____	_____	_____	_____	_____	_____

Bench Notes & Position Balance coach reminders

Bench order

1

2

3

4

5

- GK covered
- Defense balanced
- Midfield rotation
- Equal minutes

Rotation notes
